APPETIZERS

Pelican Bay Garden Salad

Local Mixed Green, Cherry Tomatoes Kalamata Olives, Bell Peppers, Balsamic Dressing 10

Coconut Crusted Tilapia

Arugula Salad, Cherry Tomatoes, Bermuda Onion, Cucumber Mango Chili Vinaigrette

Cracked Lobster

Lightly Fried

4oz Caicos Lobster

Island Cocktail Sauce

18

Caesar Salad

Romaine Lettuce, Bacon Bits, Parmesan Shavings, Crouton with Homemade Caesar Dressing

Add Grilled Chicken, Shrimp or Smoked Salmon + 6

Homemade Vegetable Spring Rolls

Fresh Cabbage, Carrots Turnip, Green Onion Chili Peanut Sauce

Greek Salad

Feta Cheese, Peppers, Kalamata Olives, Cucumber Bermuda Onion and Vinaigrette

Add Grilled Chicken, Shrimp or Smoked Salmon + 6

Caprese Salad

Buffalo Mozzarella, Vine Ripe Tomatoes, Locally Grown Arugula Homemade Basil Pesto, Aged Balsamic

14

Louisiana Chicken Wings

7 Jumbo Wings served with Hot or BBQ Sauce Served Crudities and Blue Cheese Dressing 12

Spiced Chicken Nachos

Spiced Chicken Breast, Pepper, Bermuda Onions, Jalapeno Melted Cheese, Tomato Salsa, Sour Cream and Guacamole 14

Salt Cay Cracked Conch

Lightly Battered Conch served with Balfour Spicy Sauce 13

South Caicos Conch Fritters

Deep Fried Local "Hush Puppies" Filled with Conch, Herb and Spices Island Mayonnaise Cocktail Sauce

All prices are subject to prevailing sales tax and 10% service charge

SANDWICHES, ENTRÉE SALAD & ETC

Lobster Salad

4oz Grilled Caicos Lobster, Arugula, Mango, Peppers, Bermuda Onion, Tomato, Mango Vinaigrette

Roasted Chicken Club Sandwich

Chicken Breast, Bacon, Lettuce and Tomato French Fries, Cole Slaw

14

Quesadilla

Your choice of Beef or Chicken

Caramelized Onions, Roasted Bell Peppers, Mozzarella & Cheddar, French Fries

Jerk Chicken Wrap

Spicy Jerk Chicken, Romaine Lettuce Island Cocktail Sauce, French Fries, Cole Slaw

13

Penne Alfredo

Penne, Cream Sauce, Aged Parmesan Mushrooms, Fresh Herbs 15

Add Grilled Chicken or Shrimp + 6

Malaysian Fried Rice

Oxtail Stew

Slow Braised Oxtails

Butter Beans Island Peas & Rice

Cole Slaw

26

Chef Renga Fried Rice Vegetable Springroll Chicken Skewers Topped with a Fried Egg

16

Fish Taco

LOCAL LUNCH SPECIAL

PLEASE ASK YOUR

SERVER

Blackened Fish Fingers Lettuce, Tropical Slaw Mango Chutney French Fries

16

Southern Fried Chicken Salad

Romaine Lettuce, Cucumber, Pineapple, Onion Tomatoes, Candied Pecan, Honey Mustard Sauce

The Pelican Burger

Free Formed 8oz Burger on Kaiser Roll American, Cheddar or Swiss Cheese, French Fries and Cole Slaw

Pelican Bay Pizza Selection

12inch or 16inch

Margherita

Buffalo Mozzarella, Fresh Basil Homemade Tomato Sauce 18/23

Pepperoni

Pepperoni, Homemade Tomato Sauce 18/23

From The Reef

Lobster & Conch Sautéed in Garlic & Herbs Homemade Tomato Sauce 26/36

Kitchen Sink's Pepperoni, Bacon, Ham, Sausage, Mushroom Olives, Onions, Homemade I omato Sauce

The Pelican

Conch, Shrimp, Calamari Catch Of the day, Tomato Concasse Mushroom, Pesto Sauce 22/27

Caribbean

Jerk Pulled Pork, Pineapple, Bell Peppers Homemade Tomato Sauce 19/24

The BBQ

Chicken, Onion, Pineapple, BBQ Sauce 19/24

The Jerk Jerk Chicken, Peppers, Jerk Sauce 19/24

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